

2019 Super Challenge: General Information



WHERE:

Mary Ellen Henderson Middle School Gymnasium. 7130 Leesburg Pike, Falls Church, VA 22046. School is located just off of exit 66 on I-66 in the City of Falls Church, VA.

WHAT:

The Super Challenge is a tae kwon do competition (**Kids only; Adult divisions available for Black Belts only**) between schools based on the sparring competition results of their students in the tournament. Students who place in the top 4 places will earn points for their school which are tabulated at the end of the tournament to determine the Champion school. The Champion school will win the Super Challenge Champions Cup. The following is how you can earn points for your school: *(Not all divisions in the tournament qualify for the Super Challenge points tabulation. Please see division list for more details.)*

Competition Results (White to Purple Belts):

1st Place - 3 points 2nd Place - 2 points 3rd Place - 1 points (2 third places)

(Blue to Black Belts):

1st Place - 5 points 2nd Place - 3 points 3rd Place - 1 points (2 third places)

Why compete in the Super Challenge? 1. Our event is SUPER organized. Since all registration is processed online, we know a week in advance the exact number of competitors in each division and the schools they represent. We can address large divisions and divisions that only have 1 competitor. In the latter case, we will notify pre-registered competitors before the tournament and offer a full refund, how many tournaments do that? The achilles heel of most martial arts tournaments is not running on time due to disorganization - we do everything we can to run on time. Lastly, every beginner student (Ninjas, White and Yellow Belts) will receive a tournament patch.

WHEN: Saturday, June 1, 2019

8:15 am Meeting for judges and time/score keepers **12:30 pm** Ninja/Dragons (8 & up), White & Yellow Belts all ages
8:45 am Black Belts **2:00 pm** Orange, Green & Purple Belts
11:00 am Ninjas/Dragons (7 and under) **4:00 pm** Blue, Red & Brown Belts

Arrive at least 30 minutes prior to your scheduled start time. Please note that these are general start times.

Delays may occur due to unforeseen circumstances. Please plan on spending about 3 hours at the tournament.

REGISTRATION and SPECTATOR ADMISSION:

Please see Registration Instruction page. **Pre-register by 5/19 and Save!** All registration must be processed online by 5/29/19. There is no registration at the door. Spectator Fee @ the door \$7 per person (\$5 if you pre-register).

SCOREKEEPERS and JUDGES NEEDED: [judges training video on our website](http://judges.training.video.on.our.website) (www.superchallengetkd.com)

Volunteer scorekeepers and judges who help a minimum of 3 hours will get free spectator admission and a free tournament t-shirt. If you wish to help at the tournament, please **register online as a volunteer**. No experience necessary. Volunteer scorekeepers must be at least 13 years of age. Students interested in judging must be recommended by their instructor, at least 14 years of age, and have a rank of at least brown belt. Contact Master Chun Rhee at 703-237-RHEE or email at SuperCTKD@gmail.com if you have any questions.

AWARDS:

Tournament patch for all pre-registered competitors. Patches will be distributed at your school after the tournament.

First Place Awards: All Ninjas/Dragons/Novice - Gold Medal Intermediate and Advanced - Trophy Black Belts - Plaque

Second Place Awards: Ninjas/Dragons; Novice Divisions - Silver Medal Intermediate to Black Belt - Trophy

Third and Fourth Place Awards: All Ranks - Bronze Medal.

REFUND POLICY:

Refunds may be requested via email (SuperCTKD@gmail.com) minus a \$20 processing fee by May 29. Refunds are not provided for any reason after this date, however a credit voucher (minus a \$20 processing fee) to the next Super Challenge will be given. Please email your refund request to SuperCTKD@gmail.com with the following information: Student name, parent name, home address, contact email address and TKD School. Refunds are not transferable.

PREPARATION: Read carefully before tournament day

A clean uniform must be worn (School TKD T-shirts okay for sparring only). Jhoon Rhee (Arlington and Falls Church) and all Lead By Example TKD students please remember to pick up your wristbands from your school prior to the tournament. Students from other schools can pick up wristbands at tournament (Please bring your confirmation page) Do not lose your competitor wrist bands or you will be charged \$15 per lost competitor wristband. If you are sparring remember to bring your sparring gear. All gear is required for all competitors including your mouth guard, groin cup (boys) and face shield for your head gear (See sparring rules). Please arrive at least 30 minutes before the scheduled time above. Expect to invest about 3 hours of your time at the event. **Please download and read the rules page from the website. There are NO Refunds for rules violation DQ.**

2019 Main Event Divisions List

*Divisions in BLUE are Super Challenge Cup Eligible

*Adult Divisions offered only to Black Belts

8:45 am Black Belts

Black Belts can compete in 4 divisions: 1 traditional form, 1 creative form, 1 musical form (Beethoven or Granada), and Sparring.

<p>Traditional TKD 1st dan Traditional TKD 2nd dan up</p> <p>Traditional 1st Dan is limited to any one of the first 9 ITF forms/ 2nd Dan traditional must be a recognized ITF or WTF form.</p>	<p>Creative Empty Hand Creative Weapons</p>	<p>Beethoven Granada</p> <p>Compete 3 at a time Compete 3 at a time</p>	<p>Black Belt Sparring (Matches to 7 pts)</p> <p>Males Females</p>
<p>1 ___ 12- (b/g) 4 ___ 12- (b/g)</p> <p>2 ___ 13-17 (b/g) 5 ___ 13-17 (b/g)</p> <p>3 ___ 18+ (m/f) 6 ___ 18+ (m/f)</p>	<p>7 ___ 12- (b/g) 10 ___ 12- (b/g)</p> <p>8 ___ 13-17 (b/g) 11 ___ 13-17 (b/g)</p> <p>9 ___ 18+ (m/f) 12 ___ 18+ (m/f)</p>	<p>13 ___ 12- (b/g) 16 ___ 12- (b/g)</p> <p>14 ___ 13-17 (b/g) 17 ___ 13-17 (b/g)</p> <p>15 ___ 18+ (m/f) 18 ___ 18+ (m/f)</p>	<p>19 ___ 10- 23 ___ 10-</p> <p>20 ___ 11-12 24 ___ 11-12</p> <p>21 ___ 13-17 25 ___ 13-17</p> <p>22 ___ 18+ 26 ___ 18+</p>

11:00 am Ninjas 7 and under

Team Ninja

27 ___ Team Ninja
Basics 1 -3 (defensive only)
Coach can count and perform w/team

Ninja/Dragon students who are 8 years or older must compete in the white & gold novice divisions

Ninja Bopper

28 ___ Ninjas 4- (b/g)
29 ___ Ninjas 5 yr (b/g)
30 ___ Ninjas 6 & 7 yr (b/g)

12:30 pm (Novice) White & Yellow Belts (No adult divisions offered)

Novice Students can compete in 2 divisions: 1 Team event (Team White or Team Yellow) & 1 Sparring division (bopper or point)

Novice students who want to point spar must have all sparring gear and can compete in the orange/green point sparring division below.

Team Kamsah

31 ___ Team White (all ages)
Kamsah & Basics 1-3
(defensive and offensive)
Coach can only count

Team Jayoo

32 ___ Team Yellow (all ages)
Jayoo
No coaching

Novice Bopper Spar

32 ___ 7- (m/f)
33 ___ 8-9 (m/f)
34 ___ 10-12 (m/f)
35 ___ 13-14 (m/f)
36 ___ 15-17 (m/f)

Intermediate Point Spar

(must have all sparring gear!)
See below for division breakdown.
Note this division starts @ approximately 3 pm

2:00 pm (Intermediate) Orange, Green & Purple (No adult divisions offered)

Intermediate students can compete in 2 divisions: 1 Form (Chosang or Open) & Intermediate Point Sparring

<p>Chosang</p> <p>May compete 2 or 3 at a time. No music</p>	<p>Open Forms*</p> <p>Students competing with same form may compete 2 at a time. No Extreme Moves</p>
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*Students competing in Open Forms, please read the rules. There are some restrictions!

Intermediate Point Spar (Matches to 5 pts)

large divisions (17 or more) will be divided by size. When possible, a separate Orange or Purple Belts only division will be created.

<p>37 ___ 7- (m/f) 42 ___ 7- (m/f)</p> <p>38 ___ 8-9 (m/f) 43 ___ 8-9 (m/f)</p> <p>39 ___ 10-12 (m/f) 44 ___ 10-12 (m/f)</p> <p>40 ___ 13-14 (m/f) 45 ___ 13-14 (m/f)</p> <p>41 ___ 15-17 (m/f) 46 ___ 15-17 (m/f)</p>	<p>47 ___ 7- (boys) 52 ___ 7- (girls)</p> <p>48 ___ 8-9 (boys) 53 ___ 8-9 (girls)</p> <p>49 ___ 10-12 (boys) 54 ___ 10-12 (girls)</p> <p>50 ___ 13-14 (boys) 55 ___ 13-14 (girls)</p> <p>51 ___ 15-17 (boys) 56 ___ 15-17 (girls)</p>
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4:00 (Advanced) Blue, Red & Brown Belts (No adult divisions offered)

Advanced students can compete in 3 divisions: 1 Form (Jungyee, Exodus or Open), Weapons, and Advanced Sparring

<p>Jungyee</p> <p>Jungyee/Exodus may compete 2-3 at a time. No extreme moves in Open</p>	<p>Exodus</p>	<p>Open*</p>
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<p>Weapons</p> <p>No music. Extreme moves permitted</p>
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Advanced Point Spar (Matches to 7 pts)

large divisions (17 or more) will be divided by size. When possible, a separate blue or brown belts only division will be created.

<p>57 ___ 10- (m/f) 61 ___ 10- (m/f) 65 ___ 10- (m/f)</p> <p>58 ___ 11-12 (m/f) 62 ___ 11-12 (m/f) 66 ___ 11-12 (m/f)</p> <p>59 ___ 13-14 (m/f) 63 ___ 13-14 (m/f) 67 ___ 13-14 (m/f)</p> <p>60 ___ 15-17 (m/f) 64 ___ 15-17 (m/f) 68 ___ 15-17 (m/f)</p>	<p>69 ___ 12- (b/g)</p> <p>70 ___ 13-14 (b/g)</p> <p>71 ___ 15-17 (b/g)</p>	<p>72 ___ 10- (boys) 76 ___ 10- (girls)</p> <p>73 ___ 11-12 (boys) 77 ___ 11-12 (girls)</p> <p>74 ___ 13-14 (boys) 78 ___ 13-14 (girls)</p> <p>75 ___ 15-17 (boys) 79 ___ 15-17 (girls)</p>
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*Students competing in Open Forms, please read the rules. There are some restrictions!



Tournament Rules

General Rules:

AGE RULE: Students must compete at the age they are on June 1, 2019.

UNIFORM RULE: Full uniform tops for forms competition. Your martial arts school t-shirts (or Super Challenge Tournament T shirt) accepted for sparring only, **No Exceptions!**

Point Sparring Rules:

Following sparring gear not permitted: Grappling or boxing style gloves, severely torn/damaged gear, gear that does not fit competitor (ie if any toe extends beyond foot pad) or cloth sparring gear. **Ringstar Sparring Shoes** allowed only in the Advanced Sparring and Black Belt Sparring Divisions. Ringstar sparring shoes will not be permitted in Intermediate Point Sparring. If you have doubts about your gear, please email SuperCTKD@gmail.com with a photo of the gear in question.

GENERAL RULES: POINT SPARRING EQUIPMENT RULE: Foam safety gear in good condition required for point sparring. Foam safety gear for hands, feet (feet guards must have toes and heel covered), shins, head gear with face shield (face shield mandatory for all competitors all ranks -including adult Black Belts), mouth guard, groin protector (for males), chest (optional for all competitors 18 and older). Competitor will have 2 minutes to obtain missing items or face disqualification. Students may wear their TKD School T shirt or a Super Challenge T shirt. **SCORING OF POINTS:** 1 point punch or 2 point kick. Competitor must receive unanimous vote for a point to be awarded. Judges must call the same point. 2 minutes or 5 points whichever comes first (Advanced & Black Belt sparring to 7 points) Divisions with 3 or less competitors may be combined with the next available division. **No warnings for fouls;** automatic point deduction or point for opponent for infractions; Automatic disqualification for three infractions. Judges can call for a penalty point for the following infractions: Excessive contact, running out of bounds or falling to avoid fighting, sweeping, grabbing, pushing, contact on illegal areas (below the belt and back), uncontrolled strikes (contact not necessary). **OUT OF BOUNDS RULE:** Students who are out of bounds (both feet outside ring) can be scored on, but cannot score a point. **AUTOMATIC DISQUALIFICATION FOR** cursing, dissent, drawing blood (before bow out), taunting or unsportsmanlike conduct, and excessive contact. In the event a student is disqualified, the rules arbitrator can be called upon to make the final decision. **CALLING OF PENALTY POINTS:** Any judge can call for a penalty point/disqualification, however a majority vote is needed to award a penalty point. A competitor who has committed a penalty cannot also score a point during the same call, however a scoring point and penalty point can be called against a competitor. Penalty points are called just like regular points (majority vote required).

Forms Rules:

Full uniform top and bottom required - T shirt tops cannot be worn during forms competition. Divisions with less than 4 competitors may be combined with the next older division. In case of a scoring tie for any of the top 4 places, competitors will re-perform and winner determined by a hand vote. **JHOON RHEE FORMS:** Students may compete 2 or 3 at a time in the Jhoon Rhee Forms Divisions. Music will be used for Exodus, Beethoven and Granada. Music will not be used for Chosang. **OPEN FORMS (no music or weapons/ No Chosang, Jungye, Exodus):** Students may compete 2 at a time if competitors competing with the same form. Extreme moves not permitted in Open Forms Extreme moves are defined as: Inverted moves, flips, cartwheels, and aerial spinning kicks greater than 360 degrees (automatic DQ). **BLACK BELT CREATIVE FORMS/TRADITIONAL:** Music optional in Black Belt Creative forms. Competitor is responsible to bring their own music source. Music cannot have any foul or abusive lyrics (automatic disqualification). Extreme moves permitted in Creative Black Belt Divisions. Black Belt Traditional 1st Dan form choices are limited to one of the first 9 ITF forms (chon-ji to chung-mu). Black Belt Traditional 2nd Dan forms **must** be an ITF or WTF recognized pattern (any other form automatic disqualification).

Bopper Sparring Rules: ([visit the www.SuperChallengeTKD.com](http://www.SuperChallengeTKD.com) to view video rules demo)

School T-shirt (or Super Challenge Tournament T-shirt) accepted for sparring divisions only. 1 point for all strikes. Point scoring areas **exclude** the groin area, face and arms. All other body parts are legal scoring areas. 5 points or 1 minute, whichever comes first. Competitors can only use one hand on bopper to strike and must be balanced on their feet (you cannot score a point while diving or with your free hand/knees touching the floor). A distinct striking motion necessary for a point to be awarded. Incidental contact with a scoring area may not result in a point at the discretion of the center judge. Bopper must also be in control for a point to be awarded. No warnings for fouls. Judges can call for a penalty point for the following infractions: Excessive contact, striking with two hands, running out of bounds or falling to avoid sparring, diving while trying to score a point. Disqualification rules for point sparring also applies to bopper sparring.

Team Ninja & Team Novice:

Team Ninja (7 and under): Students will perform the defensive white belt basics 1-3 as a team. A school coach can count out the moves team and perform with the team. Ninjas will perform all 3 defensive basics on the left side first then the right side. **Team Kamsah:** All novice students will perform Kamsah and first 3 white belt basics as a team (defensive and offensive; normal count). Coach can only count for team. The "Basics" are defined as 1. front punch 2. back punch 3. front kick. Order of Kamsah/Basics does not matter. **Team Jayoo:** All yellow belt students will perform Jayoo (25 moves maximum). Coach cannot count. All teams must have at least 10 competitors or will get a full point deduction in the final score. Competitors are responsible to ask instructor of their school if they have enough team members to compete. Schools with less than 10 members may be combined or added to other teams. There are no refunds for disqualified teams.



Registration Rates and Dates

***Registration requires a Printer! Please print out your confirmation page upon completion!**

Pre Registration: by Sunday, May 19: \$59 entry fee / \$5 spectator

You can either pay via Paypal (RheeFC@gmail.com) or pay by check (Send registration to address below). All pre registration payments must be received by **1 pm Saturday, May 25**. If payment is not received by this date, your registration will be deleted. To ensure receipt of your payment, we encourage you to pay via paypal **Do not send a payment in the form of an E-Check.**

Fax Confirmation page with payment information to: 703-237-0847

If you plan to mail a check, **PRINT 2 COPIES OF YOUR CONFIRMATION PAGE.** Keep one for your records, and the other to send with your payment. If your confirmation page did not print, please send a request via email to SuperCTKD@gmail.com. Please send your confirmation page and check payable to: **NBM, Inc c/o Jhoon Rhee TKD, 1136 West Broad St. , Falls Church, VA 22046.**

Late Registration: Monday, May 20 to Wednesday, May 29: \$75 entry fee / \$7 spectator

DO NOT MAIL A CHECK. All late registrations must be paid via paypal or confirmation page & payment info (mastercard or visa) faxed (703 237 0847) no later than Wednesday, May 29th.

NO REFUNDS OFFERED AFTER May 29, 2019.

ALL REFUNDS PRIOR ARE SUBJECT TO A \$20 PROCESSING FEE

Registration Instructions (Please Read Carefully)

1. Log into www.SuperChallengeTKD.com. *Please do not register from a smartphone or tablet unless you can print from your mobile device.*
2. Go to website and download the 2019 Main Flyer. Refer to the Divisions list page to help you choose the divisions to compete in.
3. Go to the competitor registration tab. Make sure you accurately enter competitor information, particularly info regarding gender, date of birth, rank and the TKD school student represents.
4. The site will automatically display the division options you are eligible to compete in based on the rank and age you entered. See below for division options based on competitor rank. Competitors who were recently promoted within the last 2 months to their current belt may compete at their previous belt rank with your instructor's permission.

Competitor Rank

Divisions

Ninjas (7 and under)

Team Ninja (Basics 1-3 only; defensive only)
1 Sparring (Ninja Bopper Sparring)

White & Yellow

No Adult Divisions

Team White (Kamsah and Basics 1-3; defensive and offensive)
Team Yellow (Jayoo 25 moves max)
1 Sparring (choose Novice Bopper or Intermediate Point Sparring)
*Novice students who want to point spar can register and compete in Intermediate Point sparring.
Please note that intermediate divisions start (approx 3:00 pm)*

Orange/Green/Purple

No Adult Divisions

1 Form (Chosang or Open Forms)
1 Sparring (Intermediate Point Sparring)

Blue/Red/Brown

No Adult Divisions

1 Form (Jungyee, Exodus, or Open Forms)
1 Sparring (Advanced Point Sparring)
1 Weapons (no music)

Black Belts

Adult Divisions Offered

1 Traditional Form (1st Dan or 2nd Dan and higher)
1 Creative Form (choose empty hand or weapons)
1 JRI Form (choose Beethoven or Granada)