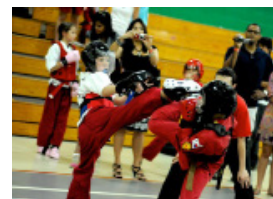


# 2018 Super Challenge: General Information



## **WHERE:**

Mary Ellen Henderson Middle School Gymnasium. 7130 Leesburg Pike, Falls Church, VA 22046. School is located just off of exit 66 on I-66 in the City of Falls Church, VA.

## **WHAT:**

The Super Challenge is a taekwon do competition (**Kids only; Adult divisions available for Black Belts only**) between schools based on the sparring competition results (NASKA rules) of their students in the tournament. Students who place in the top 4 places will earn points for their school which are tabulated at the end of the tournament to determine the Champion school. The Champion school will win the Super Challenge Champions Cup. Competitors have the choice to register for both sparring and forms or sparring only. Note there is not an option to compete in forms only. This is an intramural event for the Jhoon Rhee studios. Forms divisions are specific to our curriculum and may not match the forms taught at other martial arts schools. Please read the division list before registering for forms. The following is how you can earn points for your school: *(Not all divisions in the tournament qualify for the Super Challenge points tabulation. Please see division list for more details.)*

### **Competition Results (White to Purple Belts):**

1st Place - 3 points    2nd Place - 2 points    3rd Place - 1 points (2 third places)

### **(Blue to Black Belts):**

1st Place - 5 points    2nd Place - 3 points    3rd Place - 1 points (2 third places)

Why compete in the Super Challenge? 1. Our event is SUPER organized. Since all registration is processed online, we know a week in advance the exact number of competitors in each division and the schools they represent. We can address large divisions and divisions that only have 1 competitor. In the latter case, we will notify pre-registered competitors before the tournament and offer a full refund, how many tournaments do that? The achilles heel of most martial arts tournaments is not running on time due to disorganization - we do everything we can to run on time. Lastly, every beginner student (Ninjas, White and Yellow Belts) will receive a participation medal for displaying their courage for competing.

## **WHEN: Saturday, June 2, 2018**

<b>8:15 am</b>	Meeting for judges and time/score keepers	<b>1:00 pm</b>	Ninja/Dragons (8 & up), White & Yellow Belts all ages
<b>9:00 am</b>	Black Belts	<b>2:30 pm</b>	Orange, Green & Purple Belts
<b>11:00 am</b>	Ninjas/Dragons (7 and under)	<b>4:00 pm</b>	Blue, Red & Brown Belts

***Arrive at least 30 minutes prior to your scheduled start time. Please note that these are general start times.***

***Delays may occur due to unforeseen circumstances. Please plan on spending about 3 hours at the tournament.***

## **REGISTRATION and SPECTATOR ADMISSION:**

Please see Registration Instruction page. **Register by 5/13 to avoid late fee!** All registration must be processed online by 5/30/18. There is no registration at the door. Spectator Fee @ the door \$7 per person (\$5 if you pre-register).

## **SCOREKEEPERS and JUDGES NEEDED:** [judges training video on our website \(www.superchallengetkd.com\)](http://www.superchallengetkd.com)

Volunteer scorekeepers and judges who help a minimum of 3 hours will get free spectator admission and a free tournament t-shirt. If you wish to help at the tournament, please **register online as a volunteer**. No experience necessary. Volunteer scorekeepers must be at least 15 years of age. Students interested in judging must be recommended by their instructor, at least 16 years of age, and have a rank of at least brown belt. Contact Master Chun Rhee at 703-237-RHEE or email at SuperCTKD@gmail.com if you have any questions.

## **AWARDS:**

Participation medal for all Ninjas/White/Yellow Belts. Participation medals will be distributed at your school after the tournament.

**First Place Awards:** All Ninjas/Dragons/Novice - Gold Medal Intermediate and Advanced - Trophy Black Belts - Plaque

**Second Place Awards:** Ninjas/Dragons; Novice Divisions - Silver Medal Intermediate to Black Belt - Trophy

**Third and Fourth Place Awards:** All Ranks - Bronze Medal.

## **REFUND POLICY:**

Refunds may be requested via email (SuperCTKD@gmail.com) minus a \$15 processing fee by May 30. **Refunds are not provided for any reason after this date**, however a credit voucher (minus a \$15 processing fee) to the next Super Challenge will be given. Please email your refund request to SuperCTKD@gmail.com with the following information: Student name, parent name, home address, contact email address and TKD School. Refunds are not transferable.

## **PREPARATION: Read carefully before tournament day**

A clean uniform must be worn (School TKD T-shirts okay for sparring only). **Jhoon Rhee (Arlington and Falls Church) and all Lead By Example TKD students please remember to pick up your wristbands from your school prior to the tournament.** Students from other schools can pick up wristbands at tournament (Please bring your confirmation page) Do not lose your competitor wrist bands or you will be charged \$15 per lost competitor wristband. If you are sparring remember to bring your sparring gear. All gear is required for all competitors including your mouth guard, groin cup (boys) and face shield for your head gear (See sparring rules). Please arrive at least 30 minutes before the scheduled time above. Expect to invest about 3 hours of your time at the event. **Please download and read the rules page from the website. There are NO Refunds for rules violation DQ.**

# 2018 Main Event Divisions List

\*Divisions in BLUE are Super Challenge Cup Eligible

\*Adult Divisions offered only to Black Belts

## 9:00 am Black Belts

Black Belts can compete in 4 divisions: 1 traditional form, 1 creative form, 1 musical form (Beethoven or Granada), and Sparring.

Traditional TKD 1st dan	Traditional TKD 2nd dan up	Creative Empty Hand	Creative Weapons	Beethoven	Granada	Black Belt Sparring (Matches to 7 pts)	
Traditional 1st Dan is limited to any one of the first 9 ITF forms/ 2nd Dan traditional must be a recognized ITF or WTF form.				Compete 3 at a time	Compete 3 at a time	<b>Males</b>	<b>Females</b>
1 ___ 12- (b/g)	4 ___ 12- (b/g)	7 ___ 12- (b/g)	10 ___ 12- (b/g)	13 ___ 12- (b/g)	16 ___ 12- (b/g)	19 ___ 10-	23 ___ 10-
2 ___ 13-17 (b/g)	5 ___ 13-17 (b/g)	8 ___ 13-17 (b/g)	11 ___ 13-17 (b/g)	14 ___ 13-17 (b/g)	17 ___ 13-17 (b/g)	20 ___ 11-12	24 ___ 11-12
3 ___ 18+ (m/f)	6 ___ 18+ (m/f)	9 ___ 18+ (m/f)	12 ___ 18+ (m/f)	15 ___ 18+ (m/f)	18 ___ 18+ (m/f)	21 ___ 13-17	25 ___ 13-17
						22 ___ 18+	26 ___ 18+

## 11:00 am Ninjas 7 and under

### Team Ninja

- 27 \_\_\_ Team Ninja  
Kamsah & Basics 1-3 (defensive only)  
Coach can count and perform w/team

*Ninja/Dragon students who are 8 years or older must compete in the white & gold novice divisions*

### Ninja Bopper

- 28 \_\_\_ Ninjas 4-(b/g)  
29 \_\_\_ Ninjas 5 yo (b/g)  
30 \_\_\_ Ninjas 6 & 7 yo (b/g)

## 1:00 pm (Novice) White & Yellow Belts (No adult divisions offered)

Novice Students can compete in 2 divisions: 1 Team event (Team Novice) & 1 Sparring division (bopper or point)

### Team Novice

- 31 \_\_\_ Team Novice (all ages)  
Kamsah & Basics 1-3 (defense and offense)  
Coach can only count for team

### Point Spar

Novice students who want to point spar must have all sparring gear and can compete in the orange/green point sparring division below.  
**Please note later start time.**

### Novice Blue Spar

- 32 \_\_\_ 7- (m/f)  
33 \_\_\_ 8-9 (m/f)  
34 \_\_\_ 10-12 (m/f)  
35 \_\_\_ 13-14 (m/f)  
36 \_\_\_ 15-17 (m/f)

## 2:30 pm (Intermediate) Orange, Green & Purple (No adult divisions offered)

Orange, Green & Purple can compete in 2 divisions: 1 form (Chosang or Open) & Intermediate Point Sparring

Chosang	Open Forms
Orange & Green only. Compete 3 at a time.	Purple Belts only. May Compete 2 at a time.

- |                    |                    |
|--------------------|--------------------|
| 37 ___ 7- (m/f)    | 42 ___ 7- (m/f)    |
| 38 ___ 8-9 (m/f)   | 43 ___ 8-9 (m/f)   |
| 39 ___ 10-12 (m/f) | 44 ___ 10-12 (m/f) |
| 40 ___ 13-14 (m/f) | 45 ___ 13-14 (m/f) |
| 41 ___ 15-17 (m/f) | 46 ___ 15-17 (m/f) |

### Intermediate Point Spar (Matches to 5 pts)

large divisions (17 or more) will be divided by size. When possible, a separate Orange or Purple Belts only division will be created.

- |                     |                      |
|---------------------|----------------------|
| 47 ___ 7- (boys)    | 52 ___ 7- (girls)    |
| 48 ___ 8-9 (boys)   | 53 ___ 8-9 (girls)   |
| 49 ___ 10-12 (boys) | 54 ___ 10-12 (girls) |
| 50 ___ 13-14 (boys) | 55 ___ 13-14 (girls) |
| 51 ___ 15-17 (boys) | 56 ___ 15-17 (girls) |

## 4:00 (Advanced) Blue, Red & Brown Belts (No adult divisions offered)

Blue & Red students can compete in 2 divisions: 1 Form (Jungyee or Pyungwa) & Advanced Point Sparring

Brown belt students can compete in 2 divisions: 1 Form (Exodus) & Advanced Point Sparring

Jungyee	Pyungwa
Blue & Red Belts only. Compete 2-3 at a time.	

- |                    |                    |
|--------------------|--------------------|
| 57 ___ 8- (m/f)    | 62 ___ 8- (m/f)    |
| 58 ___ 9-10 (m/f)  | 63 ___ 9-10 (m/f)  |
| 59 ___ 11-12 (m/f) | 64 ___ 11-12 (m/f) |
| 60 ___ 13-14 (m/f) | 65 ___ 13-14 (m/f) |
| 61 ___ 15-17 (m/f) | 66 ___ 15-17 (m/f) |

Exodus
Brown Belts only. Compete 3 at a time.

- 67 \_\_\_ 10- (b/g)  
68 \_\_\_ 11-12 (b/g)  
69 \_\_\_ 13-17 (b/g)

### Advanced Point Spar (Matches to 7 pts)

large divisions (17 or more) will be divided by size. When possible, a separate Blue or Brown Belts only division will be created.

- |                     |                      |
|---------------------|----------------------|
| 70 ___ 8- (boys)    | 75 ___ 8- (girls)    |
| 71 ___ 9-10 (boys)  | 76 ___ 9-10 (girls)  |
| 72 ___ 11-12 (boys) | 77 ___ 11-12 (girls) |
| 73 ___ 13-14 (boys) | 78 ___ 13-14 (girls) |
| 74 ___ 15-17 (boys) | 79 ___ 15-17 (girls) |



## Tournament Rules

### General Rules:

**AGE RULE:** Students must compete at the age they are on June 2, 2018.

**UNIFORM RULE:** Full uniform tops for forms competition. Your martial arts school t-shirts (or Super Challenge Tournament T shirt) accepted for sparring only **No Exceptions!**

### Point Sparring Rules:

**Following sparring gear not permitted:** Grappling or boxing style gloves, severely torn/damaged gear, gear that does not fit competitor (ie if toes are exposed) or cloth sparring gear. **Ringstar Sparring Shoes** allowed only in the Advanced Sparring and Black Belt Sparring Divisions. Ringstar will not be permitted in Intermediate Point Sparring. If you have doubts, please email [SuperCTKD@gmail.com](mailto:SuperCTKD@gmail.com) with a photo of the gear in question.

**GENERAL RULES:** Students may wear their TKD School T shirt or a Super Challenge T shirt. 1 point punch or 2 point kick . 2 minutes or 7 points whichever comes first (beginner and intermediate sparring to 5 points) Divisions with 3 or less competitors may be combined with the next available division. **No warnings for fouls;** automatic point deduction or point for opponent for infractions; Automatic disqualification for three infractions. Judges can call for a penalty point for the following infractions: Excessive contact, running out of bounds or falling to avoid fighting, sweeping, grabbing, pushing, contact on illegal areas (below the belt and back), uncontrolled strikes (contact not necessary). **OUT OF BOUNDS RULE:** Students who are out of bounds (both feet outside ring) can be scored on, but cannot score a point. **AUTOMATIC DISQUALIFICATION FOR** cursing, dissent, drawing blood (before bow out), taunting or unsportsmanlike conduct, and excessive contact. In the event a student is Disqualified, the rules arbitrator can be called upon to make the final decision. **CALLING OF PENALTY POINTS:** Any judge can call for a penalty point/disqualification, however a majority vote is needed to award a penalty point. A competitor receiving a penalty point cannot also score a point during the same call, however a scoring point and penalty point can be called against a competitor. Center Judge has the authority to call the rule of play, however, once a call for points is made, majority rules. **POINT SPARRING EQUIPMENT RULE:** Foam safety gear in good condition required for point sparring. Foam safety gear for hands, feet (feet guards must have toes and heel covered), shins, head gear with face shield (face shield mandatory for all competitors all ranks -including adult Black Belts), mouth guard, groin protector (for males), chest (optional for all competitors 18 and older). Competitor will have 2 minutes to obtain missing items or face disqualification.

### Forms Rules:

Full uniform top and bottom required - T shirt tops cannot be worn during forms competition. Divisions with less than 4 competitors may be combined with the next older division. In case of a scoring tie for any of the top 4 places, competitors will re-perform and winner determined by a hand vote. **JHOON RHEE FORMS:** Students will compete 3 at a time in the Jhoon Rhee Forms Divisions. Music will be used for Exodus, Beethoven and Granada. Music will not be used for Chosang. **PURPLE OPEN FORMS (no music or weapons):** Students may compete 2 at a time if competitors competing with the same form. Extreme moves not permitted in Purple Open Forms. Extreme moves are defined as: Inverted moves, flips, cartwheels, and aerial spinning kicks greater than 360 degrees (automatic DQ). **BLACK BELT CREATIVE FORMS/TRADITIONAL:** Music optional in Black Belt Creative forms. Competitor is responsible to bring their own music source. Music cannot have any foul or abusive lyrics (automatic DQ). Extreme moves permitted in Creative Black Belt Divisions. Black Belt Traditional 1st Dan form choices are limited to one of the first 9 ITF forms (chon-ji to chung-mu). Black Belt Traditional 2nd Dan forms must be an ITF or WTF recognized pattern (automatic DQ).

### Bopper Sparring Rules: ([visit the www.SuperChallengeTKD.com](http://www.SuperChallengeTKD.com) to view video rules demo)

School T-shirt (or Super Challenge Tournament T) accepted for sparring divisions only. 1 point for all strikes. Point scoring areas **exclude** the groin area, face and arms. All other body parts are legal scoring areas. 5 points or 1 minute, whichever comes first. Competitors can only use one hand on bopper to strike and must be balanced on their feet (you cannot score a point while diving or with your free hand/knees touching the floor). A distinct striking motion necessary for a point to be awarded. Incidental contact with a scoring area may not result in a point at the discretion of the center judge. Bopper must also be in control for a point to be awarded. No warnings for fouls. Judges can call for a penalty point for the following infractions: Excessive contact, striking with two hands, running out of bounds or falling to avoid sparring, diving while trying to score a point. Disqualification rule for point sparring also applies to bopper sparring.

### Team Ninja & Team Novice:

**Team Ninja (7 and under):** Students will perform Kamsah and the defensive basics 1-3 as a team. A school coach can count out the moves team and perform with the team. Ninjas will perform all 3 defensive basics on the left side first then the right side. **Team Novice (Ninjas, White and Yellow belts 8 and older):** All novice students will perform Kamsah and first 3 Basics as a team (defense and offense; normal count). Coach can only count for team. The "Basics" are defined as 1. front punch 2. back punch 3. front kick. In both Team Events, Kamsah must be performed first. All teams must have at least 10 competitors or will get a full point deduction in the final score. It is the competitor responsibility to ask instructor of their school if they have enough team members to compete. Schools with less than 10 members may be combined or added to other teams. There are no refunds for disqualified teams.



## **Registration Rates and Dates**

*NO REFUNDS OFFERED AFTER May 30, 2018. ALL REFUNDS PRIOR ARE SUBJECT TO A \$15 PROCESSING FEE*

### **Early Registration (by Sunday, May 13):**

**\$55 entry fee / \$35 Sparring Only (forms only not offered) / \$5 spectator**

You can either pay via Paypal (RheeFC@gmail.com) or pay by check (Send registration to address below). All early registration payments must be received by **Saturday, May 19**. If payment is not received by this date, your registration will be deleted. To ensure receipt of your payment, we encourage you to pay via paypal (to RheeFC@gmail.com). **Do not send a payment in the form of an E-Check.** If you plan to mail a check, **PRINT 2 COPIES OF YOUR CONFIRMATION PAGE.** One for your records, and the other to send with your payment. If your confirmation page did not print, please send a request via email to RheeFC@gmail.com. Please send your confirmation page and check payable to: **NBM, Inc c/o Jhoon Rhee TKD, 1136 West Broad St., Falls Church, VA 22046.**

### **Late Registration (Monday, May 14 to Sunday, May 27):**

**\$65 entry fee / \$45 Sparring Only (forms only not offered) / \$7 spectator**

**Do not mail late registration payments/ Do not send a payment in the form of an E-Check or Personal Check.** You must pay via Paypal (to paypal account: RheeFC@gmail.com) or fax/email your confirmation page with your Visa or Mastercard info to 703-237-0847 **by 7 pm Monday, May 28.** Registrations that are not paid by deadline will be deleted.

**Super Late Registration 5/28 to 5/30 (add additional \$10 to late entry fee).**  
**Must Email SuperCTKD@gmail.com to register**

## **Registration Instructions (Please Read Carefully)**

1. Log into [www.SuperChallengeTKD.com](http://www.SuperChallengeTKD.com). *Please do not register from a smartphone or tablet unless you can print from your mobile device.*
2. Go to website and download the 2018 Main Flyer. Refer to the Divisions list page to help you choose the divisions to compete in.
3. Go to the competitor registration tab. Make sure you accurately enter competitor information, particularly info regarding gender, date of birth, rank and the TKD school student represents.
4. The site will automatically display the division options you are eligible to compete in based on the rank and age you entered. See below for division options based on competitor rank. Competitors who were recently promoted within the last 2 months to their current belt may compete at their previous belt rank with your instructors permission.

### **Competitor Rank**

### **Divisions**

#### **Ninjas (7 and under):**

Team Ninja (Kamsah and Basics 1-3; defensive only)  
1 Sparring (Ninja Bopper Sparring)

#### **White & Yellow**

*No Adult Divisions*

Team Novice (Kamsah and Basics 1-3; defensive and offensive)  
1 Sparring (choose Novice Bopper or Intermediate Point Sparring)  
*Novice students who want to point spar can register and compete in Intermediate Point sparring. Please note that intermediate divisions start (approx 3:00 pm)*

#### **Orange/Green & Purple**

*No Adult Divisions*

1 Forms (Orange/Green - Chosang / Purple - Open: no music or weapons)  
1 Sparring (Intermediate Point Sparring)

#### **Blue & Red Belts:**

*No Adult Divisions*

1 Forms (choose Jungyee or Pyungwa)  
1 Sparring (Advanced Point Sparring)

#### **Brown Belts**

*No Adult Divisions*

1 Forms (Exodus)  
1 Sparring (Advanced Point Sparring)

#### **Black Belts**

*Adult Divisions Offered*

1 Traditional Form (1st Dan or 2nd Dan and higher)  
1 Creative Form (choose empty hand or weapons)  
1 JRI Form (choose Beethoven or Granada)  
1 Sparring (Black Belt Point Sparring)

5. **Wristbands:** Pre Registered Jhoon Rhee TKD (Arlington and Falls Church) and Lead By Example TKD students, remember to pick up your competitor wristbands from your studio prior to the tournament. Wristbands will be at your studio approximately 1 week before the tournament. Late registrants and students from other schools can pick up wristbands at tournament will call.

# May/June

registration deadlines

2018

## Super Challenge 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13 Last Day to Early Register \$55 entry fee \$35 spar only \$5 spectator fee	14 <b>Late Registration starts</b>	15 <b>Late Registration</b> \$65 entry fee \$45 spar only \$7 spectator fee	16	17	18	19 <i>payment for early registration due by 12 pm</i> fax: 703-237-0847 call: 703-237-7433
20	21	22	23	24	25	26
27 <b>Late Registration ends</b>	28 <i>payment for late registration due by 7pm</i> Super Late Registration email <a href="mailto:rhcefc@gmail.com">rhcefc@gmail.com</a>	29 Super Late Registration \$75 entry fee \$55 spar only \$7 spectator fee	30 last day for Super Late Registration  Last day to request refund. \$15 cancellation fee	31	June 1	June 2 <b>Super Challenge 2018</b>